Herfstcriterium 2026: Session: 1: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Decock Maaike

Coaches: Duck Chantal

Coaches: Christiaens Marloes

Coaches: Derumeaux Andrew HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 200M FREESTYLE MEN 13+ Heat:3, starttime: 14:05

Heat: 3/6 Lane : 5 Athlete: THUYLIE VIC **Q-time: 02:19:13**

PB (25m pool): 02:14.58 Ettelbruck 19/04/2026 **PB (50m pool):** 02:19.13 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:31.10		01:05.21		01:40.43		02:14.58
		00:31.10		*00:34.11*		*00:35.22*		*00:34.15*
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Coach feedback:

Event number: 1: 200M FREESTYLE MEN 13+ Heat:3, starttime: 14:05

Heat: 3/6 Lane : 6 Athlete: VICTOR SAM **Q-time: 02:21:13**

PB (25m pool): 02:21.13 Brugge 04/10/2026 **PB (50m pool):** 02:25.50 **SB:** 02:21.13 Brugge 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:32.17		01:07.92		01:44.84		02:21.13
		00:32.17		*00:35.75*		*00:36.92*		*00:36.29*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 200M BREASTSTROKE WOMEN 13+ Heat:3, starttime: 14:25

Heat: 3/3 Lane : 2 Athlete: LEMAHIEU LUCIE **Q-time: 03:00:91**

PB (25m pool): 03:00.91 Brugge 04/10/2026 **PB (50m pool):** 03:03.81 **SB:** 03:00.91 Brugge 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:41.81		01:28.11		02:14.96		03:00.91
		00:41.81		*00:46.30*		*00:46.85*		*00:45.95*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 1: COACH evaluation sheet for TEAM: KZK

Event number: 3: 50M BREASTSTROKE MEN 13+ — Heat:2, starttime: 14:30

Heat: 2/4 Lane : 1 Athlete: LEYNAERT ARNE — **Q-time: 00:40:37**

PB (25m pool): no time **PB (50m pool):** 00:40.37 **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BUTTERFLY MEN 13+ — Heat:2, starttime: 14:45

Heat: 2/6 Lane : 4 Athlete: VICTOR SAM — **Q-time: 01:25:00**

PB (25m pool): 01:25.00 leper 04/01/2026 **PB (50m pool):** 01:23.04 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.14		01:25.00	
		00:38.14		*00:46.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BUTTERFLY MEN 13+ — Heat:5, starttime: 14:50

Heat: 5/6 Lane : 8 Athlete: THUYLIE VIC — **Q-time: 01:09:30**

PB (25m pool): 01:09.30 Brugge 04/10/2026 **PB (50m pool):** 01:13.29 **SB:** 01:09.30 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:32.31		01:09.30	
		00:32.31		*00:36.99*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 13+ — Heat:3, starttime: 15:00

Heat: 3/7 Lane : 7 Athlete: LEMAHIEU LUCIE — **Q-time: 01:24:61**

PB (25m pool): 01:24.61 Brugge 04/10/2026 **PB (50m pool):** 01:30.10 **SB:** 01:24.61 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:41.57		01:24.61	
		00:41.57		*00:43.04*	
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Coach feedback: